Winster Village Magazine
February 2023
50p

Winster Pancake Races
21 Feb at 2.15

Please come and join in - visitors welcome. Cash prizes for the children.

This year we are again including a walking race for seniors of 60+ with the emphasis on elegant tossing of the pancake.

Main Street will be closed for an hour. Please don't park between the shop and Woolley's Yard.

Children, bring your own pan and pancake, but adults can usually borrow them on the day.

Friday 3 February at 8pm in the Burton Institute

FROM HERE TO ABSURDITY: AN EVENING OF COMIC SONGS WITH PAUL THOMPSON

Cabaret entertainment featuring a mix of songs by Jake Thackray, Flanders and Swann, Tom Lehrer, Richard Stilgoe and Victoria Wood, with poems by Les Barker and Pam Ayres.

Paul has been to Winster once before with his marvellous performance of songs by Jake Thackray. He is co-author of a new biography of the great Jake, and copies will be for sale on the night.

Bring your own drinks and snacks. Numbers are limited, first come first served. Available now from the Post Office, price £10. All profits to Winster Twinning.

Winster Village Diary

Friday, 27th Jan	Village Quiz, 7.30pm, Burton Institute
Friday, 3rd Feb	From Here To Absurdity: An Evening Of Comic Songs 8pm Burton Institute
Thursday, 16th Feb	Playing Fields meeting, 7.30pm Burton Institute
Friday, 17th Feb	Mobile Library, opposite the shop, 9.30-10am
Sat, 18th Feb	Copy Date—please email items by 6pm
Tuesday, 21st Feb	Winster Pancake Races 2.15pm Main Street
Friday, 24th Feb	Village Quiz, 7.30pm, Burton Institute
Saturday, 25th Feb	Leicester Rocks the Musical 2 7.30pm Burton institute
Sunday 26th Feb	Café and Songs of Praise at St John's. 2pm Village Church
Monday 27th Feb	Winster History Group: Mark Dawson, Just Desserts: An Alternative History of Derbyshire in 3 Puds, 7.30pm Burton Institute

Regular Events

Baby and Toddler Group, Village School - School Term Fridays 10-11.30am Contact School on 650238 or contact Hannah Masters via Facebook or 650344

Senior Club, Burton Institute, Fridays, 10am - 12noon

Yoga, Burton Institute, Tuesdays 6.15-7.45 from 6th Sept - 13th Dec, June Hine, 650994

Morris Dancers Practice, Tuesdays 8pm Burton Institute, Mike Hatfield 650468

Shorter walks of 4-6 miles, first & third Tuesday of each month, easy pace. Meeting at the Old Bowling Green at 9.45am. Bring own drink & snack. Usually ending with a pub or café lunch. Contact: Anthea Rawlence: a.j.rawlence@btinternet.com or 01629 650480 or 07860140435

Longer walks of approx. 8 miles, second Tuesday of each month, meeting at the Old Bowling Green at 9.45am. Bring own drink, snack & packed lunch. Contact:
Steve Edgar: steve.edgar1@btinternet.com or 07977148748 or Katharine Edgar: katharine.edgar@btinternet.com or 07875655243

Winster Community Hub/Warm Space - Wednesdays, 10am - 1pm, Jubilee Room, BI

Parish Council Meeting - First Monday of the month, 7pm, Burton Institute

Hello and Welcome!

Contact Email Address

mag@winster.org

Copy date is 18th by 6pm each month for inclusion in the following month.

Copy date for Christmas issue is 11th December.

I am writing these words whilst looking out of the window at a modest layer of snow warmed up by some lovely sunshine. What will the new year bring I wonder! Will we have new groups in the village or will lots of new people join longstanding ones? Will there be more positive developments that make this village even more pleasant to live in? As always, remember that YOU can make a difference. Yes, You! All you need to do is to mingle with the locals a bit to find out more. Or you could contact Winster's established groups directly, which are shown on page 25, and simply get involved. The Entertainment Group for example is currently looking for new group members, so if you want to have a say in what shows will be presented in the Burton Institute, please get in touch with them.

Keep well,

Gabi

Thank you to David and Marilyn for their kind donation from Shaun's quiz of £160 pounds and also to the Heathcoat Trust for a donation of £100 and to The Secret Gardens for £200. Carol Ashin

The Wyns Tor Singers would like to thank the Secret Gardens Committee for their very generous grant of £150.00, which we will use to help with the costs of paying for soloists and accompanists, and buying new music scores.

February 2023
20 DERBYSHIRE WILDLIFE TRUST (WYE & UPPER DERWENT) 7.30pm Darley Dale Methodist Church Hall, Dale Road, Darley Dale, DE4 2FT. Paul Dyson: A Wildlife Artist in Borneo and Madagascar. All welcome £3.00 (inc. refreshments). More info Anthea 01629 650480

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Winster Local History Group Next Meeting

Monday 27 February at 7.30 in the Burton Institute

Mark Dawson, Just Desserts: An Alternative History of Derbyshire in 3 Puds.

This is a food history topic in memory of Glyn Hughes, who was previously booked to give us a talk on Fish and Chips. It is a new talk by Mark, and the intriguing title will be explained on the night!

Everyone welcome.

Café and Songs of Praise at St John's. Sunday 26th February

The **Church Café** will be open **from 2pm** on Sunday 26th Feb serving drinks and delicious home-made cakes. This will be followed by **Songs of Praise at 4pm.** All welcome to refresh themselves at the café and to join in the singing.

A3 laminator now free to use at the Burton Institute for all your laminating needs. Get in touch with John Geddes to gain access to printer room and for printer account if required: john@winster.org

Please provide your own laminating pouches, A4 or A3. The maximum pouch thickness is 2 x 125 microns.

Winster remembers its war dead ~ compiled by David Frederickson

Morgan Scoltock Williams was in the Army Service Corps. He died on 17 May 1917 and is buried in Llanrhos Churchyard, Caernarvonshire. He is named on the Winster memorial but his connection to the village is unknown.

Dog Poo left along Wensley Road

In times gone by, when I was a Primary School Teacher and a parent of young children, one of my least favourite jobs was cleaning dog dirt off children's shoes.
Nowadays thankfully, most dog owners do a really good job of cleaning up after their pets, but recently there has been a particular problem along Wensley Road, where families walk on the way to our village school. Mind where you tread!
Alison Gray

Stranger's dog poo bags put in private bin regularly

Does anyone else in the village have this problem in the black/grey bin?
I do not have any pets and when I put my bin out for collection it contains only one small bag of waste.
I have had dog poo in bags and some without bags, put in my bin overnight/early morning before the bin men have done the collection.
The poo bags stay in my bin as the men pull the bag out and take it away and the bags of poo fall to the bottom of the bin.
This means I have get them out and dispose of the bags by taking them to a public bin.
I would appreciate if the dogs owners would be more considerate, and take their dog poo bags home or dispose of them in a public bin.

Geraldine Hopkinson

Please be more considerate and use public bins or special dog fouling bins - both are fine to be used for dog poo bags. Gabi

WINSTER VILLAGE QUIZ

FRIDAY 27 JANUARY 2023

7.30 p.m.
BURTON INSTITUTE

Questions asked by
MIKE & PAM HATFIELD

Admission £4.00 Raffle £1

EVERYBODY WELCOME

Bring own drinks
No need to be part of a team
Proceeds to support our village
RAFFLE PRIZES are needed please

The next Winster Village Quiz is on...

Friday 24 February
7.30pm
Burton Institute

Questions asked by Ali Carter and David Heugh
Admission £4 Raffle £1
EVERBODY WELCOME

Bring own drinks
No need to be part of a team
Proceeds to Support Dogs

Winster Entertainment Group

For some years the Group has staged performances of live music and drama In Winster. Working in conjunction with Live and Local, an Arts Council funded organisation, we have secured entertainment which would otherwise have been out of our reach in a small village. Many of you will recall the visit of the Budapest Cafe Orchestra, featuring Christian Garrick, a renowned jazz violinist, who performed the theme music for Poldark and the film Chocolat.
After Covid messed up our schedule, we staged our first concert for some time in the Autumn with Latchepen.

We recently met to re-affirm our objectives which are these:

- ☆ The promotion of local talent in music, drama and the performing arts
- ☆ The presentation of live entertainment in conjunction with Live and Local
- ☆ The support of village entertainment via advertising, underwriting and ticket sales

We are looking to recruit some new members, particularly young people, to bring new ideas and vitality to our offerings. If you would like to see a different type of live music or drama, why not join our group? Please contact Rod Shiers (650523, rodneyshiers@gmail.com).

Winster Village Shop

winstervillageshop.com 01629 650683

Your Village. Your Community. Your Shop.

Remember **Valentine Day 14th February**,
treat your loved one with our steak night meal for 2:

- 2 x 8oz Rump Steak
- 1 x Pack of Frozen Potato Wedges or Frozen Chips
- 2 x Small Bottles of I Heart Prosecco
- 1 x Pack of 3 Ferrero Rocher

Normal Shop Opening Times:
Mon – Sat 8.00am – 6.00pm
Sun & B/H 8.00am – 4.00pm

All this for just £20.00

We ask if you could please place your order in the shop by Monday, 6th February.

Just a reminder if you have your paper saved at a weekend and it is not collected by 12.00pm it will go back on the shelf for sale, this is due to us returning papers that have not been collected and resulting in Menzies reducing our paper quantity each week.

If you are unable to collect your paper by 12.00pm and still require it please give us a ring and we will save it for you. Thank you for your support in this matter.

Have you seen our Special Offers on cleaning products?

Look out for more special offers in February!!
Use your community shop, shop local.

From Jayne, Katrina and all the Staff and Volunteers

Winster Shop Survey

Many thanks to everyone who took part in the recent survey. One hundred and twenty-three customers took the time to complete the questionnaire and we are now in the process of analysing your responses and digesting the comments.

Thanks again, The Shop Team

All change for Monday Walkers!

When Judy Hinsliff first started the Monday Winster walking group in 2010, she can have had no idea how important it would become in village life. The group has thrived under her leadership and all the walkers past and present appreciate both the exercise and social aspects of the group. The group is welcoming to new village residents and is a great way to meet others. Judy has decided that it is time to pass over the leadership and organisation of the group, but she will still be walking with the group. Huge thanks from everyone who has benefited from the walks over the years to Judy for her leadership and to Anthea Rawlence for taking up the reins.

That's not the only change though!
The Monday walking group is changing to Tuesday. But doesn't the 'other' walking group meet on Tuesday? Never fear, there is joined up thinking here making Winster Walkers a Tuesday activity. So, for absolute clarity…

Winster Walkers
There are three walks each month with walkers meeting at the Old Bowling Green at 9.45am to share cars to the start of the walk. The walks are very sociable and walkers do so at their own risk. Members of the group volunteer to lead walks. There are a number of walkers who walk with both groups.

Shorter walks of 4-6 miles are held on the first and third Tuesday of each month. They include a coffee break (bring own drink and snack) and usually end with a pub or café lunch. For more information or to be added to the circulation list for the shorter walks, please contact:
Anthea Rawlence on a.j.rawlence@btinternet.com or 01629 650480 or 07860140435

Longer walks of approximately 8 miles are held on the second Tuesday of each month. They include a coffee break and lunch stop (bring own drink, snack and packed lunch). For more information or to be added to the circulation list for the longer walks, please contact either:
Steve Edgar on steve.edgar1@btinternet.com or 07977148748 or
Katharine Edgar on katharine.edgar@btinternet.com or 07875655243

Winster Wakes Week
June 25th 2023 to July 1st 2023

Looking for the next Queen and attendants

QUEEN - Year 7 and above
PRINCESS - Years 3 to 6
ROSEBUD - Reception to Year 2
Pageboy - Reception to Year 2

Email Irene Webster at
issi.webster@hotmail.co.uk
07500 371 658

names need to be in by 19th February 2023 and will be drawn on the street on pancake day Tuesday 21st February 2023.

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Winster Parish Council Grazing land to let for 2023

The council is inviting offers for grazing/mowing is available to Let
Ashmore Pingle, offers 0.84 acres or thereabouts of pasture.
Westhills, offers 7 acres or thereabouts of meadow/pasture.
Further details and expression of interest forms can be found on the Parish Council Website or by emailing the Clerk.

clerk@winsterparishcouncil.gov.uk

Closing date for expression of interests is 28th February 2023.

Allotments

Would you like to produce organic healthy fruit and vegetables at a relatively low cost, why not consider an allotment.

Winster Parish Council have a few allotments available, if you are interested, please email the clerk on clerk@winsterparishcouncil.gov.uk for further information.

DCC MOBILE LIBRARY BUS in Winster every 4 weeks. Next time & date:

Friday, 17 February - 9.30am—10am. The bus makes only ONE STOP in Winster - this is the road side near Winster Village Shop. Please support this useful facility in order to keep it running. For further information call 01629 533444, or email ask.library@derbyshire.gov.uk

Leacroft Verge

The parish council are seeking the views of residents regarding a grassland enhancement project proposal for the large verge at the front of Leacroft Road. The verges are currently maintained by Derbyshire Dales District council on behalf of the parish council. Back in early 2021, working with parish councils and community groups, the District Council identified 15 pilot sites where verges and public open spaces were cut at the end of February or early March, then scarified to create bare patches to give seeds already in the soil the space and light to germinate. Community groups also sowed seeds themselves. The verges were then left uncut until the end of August. There are now 38 sites in total and botanical surveys last year identified 94 species of plants, ranging from common dandelions and buttercups to four species of orchid.

The innovative biodiversity project is now into a third year and the parish council have discussed potential sites for the project in Winster. We would like to use the large verge at the front of Leacroft road as a pilot project, which if successful, could be rolled out to other grass verges. Our intention would be for the District Council to maintain a mown 1m strip around the verge between the full cuts in March and August.

If you would like to comment on the proposal, please contact the clerk clerk@winsterparishcouncil.gov.uk. Comments will be considered at the February meeting where a decision will be made.

Overweight Vehicles

In an effort to prioritise road safety in the village the Parish Council have been working with our Police Community Support Officer and local businesses to try and prevent overweight vehicles travelling through Winster.

Prior to Christmas there was a spate of LKW Walters lorries taking a route through Main Street, so I took the opportunity to flag one of the drivers down and ask why he was taking this route. He insisted that he was just following his sat nav, which I noticed was a hand held device and not a proper lorry sat nav.

I contacted the HR Director of Eco Bat (formerly Enthovens) to ask if they could take action with their supplier. In turn I was called back by the Customer Services Director who said they would reinforce policy with the drivers and LKW Walter account manager, including ensuring that lorry sat nav devices were used. Both were exceptionally courteous and apologetic. In addition, Carly our local PCSO, sent an email to both companies regarding the breaches of weight restriction and reported them to trading standards.

Going forward any breaches can be reported directly via the following link to trading standards: https://tinyurl.com/weightlorries

You will need to complete a monitoring form recording: the vehicle registration number, name of company, date time, location, and direction of travel. You can also attach a photo of the vehicle if you are able to take one (very useful when they get themselves stuck!)

They can also be reported to Police Community Support through the methods below where they will be triaged and allocated to the correct unit.

- Ring 101
- message the main Derbyshire Police Facebook page.
- tweet @derpolcontact on twitter.

visit www.derbyshire.police.uk and click on the report tab.

I have not seen another LKW Walter lorry since we reported them on 7th December, so I hope I am not tempting fate!

Moira Randles
On behalf of the Traffic and Road Safety Group, Winster Parish Council

Cold Calling

The Parish council is concerned about the targeting of villages like ours in the last couple of years by cold callers who seem to try to take advantage of our more remote locations. These can sometimes be the front for criminal activity, such as scouting places to steal from, and rural locations can be attractive due to higher proportions of more elderly residents and the fact that the arrangements of houses means they can knock doors without being visible to other houses and can therefore act largely unobserved.

As such the PC has enquired about the possibility of creating a no cold-calling zone in the village through Derbyshire County Council and the local police. DCC have been less enthusiastic about the proposal but the local police have been more supportive. DCC have said that any proposal will need to be supported by evidence of why it is needed and have the support of local residents.

The local police have produced a report for us on incidents locally. However, this report is pretty scarce and likely misses many instances that go unreported. Therefore it is essential that any incidents at all are reported to the local police, so that their reports can reflect the problem accurately and help us build a case if that is what the community would like us to pursue.

Therefore would residents please let us know if they support us pursuing a no -cold calling zone across the village; please let us have your thoughts by emailing clerk@winsterparishcouncil.gov.uk or phone David Brown on 650932. If you have vulnerable neighbours who may struggle to express their opinions, please help them to do so (send an email on their behalf for example), as it is important that we hear their voices in particular. We will also include this for discussion at out next drop in session.

To report incidents please use the normal means of contact with the local police and also let us know any details so we can also keep a record:

- Ring 101
- message the main Derbyshire Police Facebook page
- tweet @derpolcontact on twitter
- visit www.derbyshire.police.uk and click on the report tab

David Brown

POST OFFICE

Opening Hours

Monday	**9am-5pm**
Tuesday	**closed**
Wednesday	**9am-5pm**
Thursday	**closed**
Friday	**9am-5pm**
Saturday	**9am-12.30pm**

For questions, please email postoffice@winster.org
Or call 01629650668.

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01629 650086

Recent Planning Applications portal.peakdistrict.gov.uk

NP/DDD/0123/0022	Listed Building consent - The installation of a vent from the second floor bathroom through the wall to the north elevation. This is to enable the removal of moisture laden air...The Dower House Main Street Winster
NP/DDD/1222/1592	Garden redesign incorporating an existing an shed and proposed greenhouse plus a change to the rear gate. The Manor, Thornton House Main Street Winster
NP/DDD/1122/1486	Erecting a greenhouse in the garden Heathcote House Main Street Winster
NP/DDD/1222/1581	Listed Building consent - Installation of internal timber framing with kingspan-type insulation with finish to consist of plastered cement board (to be tiled and painted) and...Carpenters Cottage Main Street Winster
NP/DDD/1222/1582	Listed Building consent - Remove timber window frame and glass and block up window opening with limestone rubble and lime mortar. Carpenters Cottage Main Street Winster
NP/DDD/1222/1587	Demolish existing stables and replace with ancillary residential accommodation Blakelow Farm Bonsall Lane Winster

Help Decorating the Shop Window!

As visitors wander through our beautiful village, they are quite taken by the fact that Winster has so many assets; a church, a school, a medical centre, a village hall, a garage, a couple of pubs, historic buildings and a phenomenal village shop. This amazing little shop strives to provide everything it possibly can for us, and for our visitors. Having a shop in the village undoubtedly makes our lives easier and as well as providing a place for a bit of local gossip, great wine, dog food, cheese and kitchen cleaner, it increases the value of our homes. It benefits our lives. We really need this shop to thrive and for people to use it.

The first thing people do is to look in the windows. It's very often the window, whether it's seasonal, arty, child-made, or just daft, which reassures people and makes them actually go inside.

These window displays are not made by magic or fairies, but by a small group of people who dwell deep amongst us.

This group of people is so small that they really do need someone else to help them. They particularly need help during the upcoming summer months.

Fortunately, the good news is that the Winster Wakes Committee and the Secret Gardens Committee, both see how vital it is to attract customers into the shop, and have made available a small amount of money to help cover any costs incurred in creating the window displays. Please try to think about creating ideas or displays for the window. You don't need to be an artist, for instance - you might like to produce a recipe from items which can be bought inside. If you are an avid reader, you might like to make some summer reading recommendations and also draw attention to our Little Library, by the outdoor gym. You might even have some ideas about using the Outdoor Gym!

Whatever you can think of can be done. I will help if you like. Please get in touch: just email aliabsolute@hotmail.com - text 07836512149, WhatsApp or messenger on Facebook

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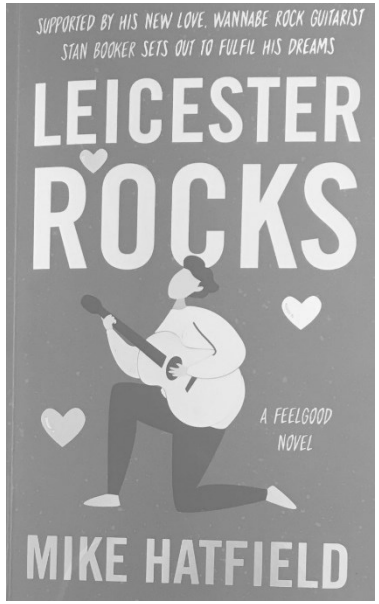
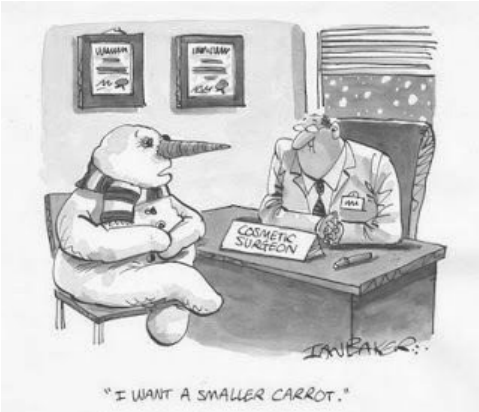


Leicester Rocks the Musical 2 is coming

Mike's novel told
in words and music.
For one night only, in the Burton Institute, Saturday 25th February at 7.30 pm

An eclectic mixture of pop and rock songs, played by the finest band of local musicians: Martha and Sam Mckenzie, keyboard, guitar and vocals, Paul Tozer drums, Tim Freeman guitar, John Hawkins sax, John Grisswell bass guitar.
Narrators: Sharon Hawkins and Mike Hatfield.
Bar available.
Tickets £8 are available from the Bowling Green and Winster Post Office, or Mike Hatfield on 650468, or email hatfieldmike65@yahoo.com. Profits will go to the Jigsaw food bank. Tickets are selling.



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V	V	X	M	E	V	W	G	I	Y	X	N	T	B	X

Hidden words may run horizontally, vertically, diagonally, forwards and backwards!

Why did Mickey Mouse get hit with a snowball? Because Donald ducked!

When a great woolly mammoth sits on top of your igloo, what time is it? Time to build another igloo.

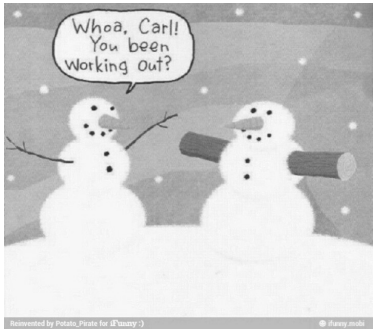
Why are mountains so funny? Because they're hill-areas.

What do skiers eat for breakfast? Frosted Flakes.

Where does a giant polar bear keep its money? In a snowbank!

When little white flakes fall past the classroom window, what time is it? Snow and Tell.

What do you call twelve rabbits hopping backwards through the snow together? A receding hare line.



9	1	2	3	5				7
		8			2		1	
	6		8					
2	9		5	6	3	1		
				1	9		3	
			2		4	6		
6				3	8			
	3					8		2
			6				5	9

Sudoku

Don't forget a move is invalid if:

- Any row contains more than one of the same number from 1 to 9
- Any column contains more than one of the same number from 1 to 9
- Any 3×3 grid contains more than one of the same number from 1 to 9

Solutions on page 24

Wanted - Village Choir Leader!

The village choir has kept going over the last few years despite not having a qualified leader but we are looking to the future and would love to have a proper leader again. Normally we meet in the Burton Institute on Wed evenings, not necessarily all year but for several weeks leading up to events. We are able to pay for this service. If you are interested, please could you contact Marion Bowler on 650261.

Local Church Services in Jan/Feb.

29th Jan10:45am United Benefice Service at Holy Trinity Matlock Bath.
This will be followed by a 'bring your own' picnic at the church.

5th Feb 10am United Benefice Service at St Mary's S. Darley
12th Feb 11am Family Service at St Helen's Churchtown.
19th Feb 10am Morning Prayer at St Mary's S. Darley
11am Holy Communion at St Helen's Churchtown
26th Feb 11am Morning Prayer at St Helen's Churchtown
4pm Cafe and Songs of Praise at St John's Winster

On **Ash Wednesday**, 22nd Feb, there will be a service of Holy Communion at 7:30pm at St Giles Church Matlock.

Most Sundays at 2:30pm there is a service in the Wesleyan Reform Church, East Bank, Winster.

Thanks from St John's

It was lovely to have so many events at St John's leading up to Christmas – Garden Choir Concert, School Panto, Cafe, as well as the services. Thanks to all who helped at and took part in these events.
Many thanks too to Larissa and Terry Worthington for giving us the Christmas trees. The school decorated the inside one (apart from the very top!!).

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Letter from Reverend Stephen Monk

Breathing is quite important to us! I know I'm stating the obvious but is it that obvious? When I have pain management treatment in Calow (Chesterfield) Hospital the presence of a nurse is a godsent. As the various injections are placed in my back or neck; the nurse said, 'remember to breath'. I don't know the physiology of the problem but when the pain is extreme as the injection finds the right place I (like many people, I suspect) hold my breath. I think this is also true of other issues: anxiety, fear, other pain sites, night terrors, nervousness etc. For those who live in a very busy, fraught or stressful lifestyle people often breath from the top part of ones lungs – shallow breathing can cause various issues and problems.

A nurse once told me if you look at a baby they naturally breath properly, fully from their diaphragm. It's only as we get older that we don't breath properly. Today sports people, musicians, actors etc. Need to learn how to breath properly again. Today we all know that many people suffer from all sorts of mental and emotional issues. One aid to help is concentration on ones Breath. Slowly, deeply concentrate on ones breathings. It really does help. Now, you may think – there's nothing needed here? It may go back a few decades as people of science and medicine have developed this form of help. Yet, the reason I'm writing about this today is that this form of 'self help' can be traced back to at least the 6th or 7th century.

Abba Philemon wanted to teach a brief, inner way of prayer. Mindful of the words of St Paul's call to 'Pray without ceasing' (1 Thess 5.17). Many monks of the early church developed and built upon this way of prayer. Today it's often used by the Orthodox churches but it's a way of prayer which can help you and me in our living out the anxieties and problems of 2023. It's called the Jesus Prayer and there are many versions which work for different people. The oldest goes:

"Lord Jesus Christ, Son of God have mercy on me"

We have to believe that 1) Christ loves us; 2) Christ understands our humanity and all that means; 3) Pray it closely with trust that God in Christ, wants you to flourish, be as well as possible and also be aware that Jesus love and wants to offer you mercy and peace.

It's a great prayer to hold as we enter a new year – where ever we are on the spiritual path it is a prayer God gifts to you. Whatever we're going through in life God's inviting you to find an inner stillness in the chaos of life. Jesus calls us or invites us all to find salvation and wholeness through the power of his name. Even in our churches and Diocese there's much noise and lack of peace as well as our own lives. We all need inner peace, we need to hold to the truth that whatever we face in life that a deeper gift from God is in the stillness He holds us in life and in death. Through the power of Christmas and the Cross, Jesus promises us that He will never leave us. He wants us to share that Good News with our community and the world.

Accept the invitation here and now to make this prayer your own (you may even want to use a line from the psalms or your own prayer) May I invite you again to join us on a Sunday in our Churches as we bring our brokenness to the Lord; and we ask Him to heal and forgive us. Please remember, everyone is welcome. But, til then why not make this prayer your own:

"*Lord Jesus Christ, Son of God have mercy on me"*

God bless and I hope to see you soon. Love & Prayers.

Stephen Monk (Revd)

Local Campaigns

Live Life Better Derbyshire

Ready to make some healthy changes? Live Life Better Derbyshire is a FREE healthy lifestyles service for Derbyshire residents. Visit www.livelifebetterderbyshire.org.uk to make the first steps to a healthier you.

Orcha Health and Wellbeing apps library

Did you know you can get quality assured health and wellbeing apps at the touch of a button?
Derbyshire County Council is working with Orcha to provide an online library of digital health and wellbeing support.
Visit derbyshire.orcha.co.uk to search and download apps.

Grab a Cab

If you need help getting to certain routine health appointments, then there is FREE transport available. Find out more at www.derbyshire.gov.uk/grabacab

Newsletter / payslip / intranet copy

Health and wellbeing at the touch of a button

Did you know you can get quality assured health and wellbeing apps at the touch of a button?

Derbyshire County Council is working with Orcha to provide an online library of digital health and wellbeing support.

From support for long term health conditions to apps that help you stop smoking, sleep better and improve your mood, there's 100s to chose from. Each app has been assessed against a range of criteria including clinical assurance, ease of use and data protection.

Visit derbyshire.orcha.co.uk to search and download apps.

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Solutions for the Word Search and Sudoku

9	1	2	3	5	6	4	8	7
3	5	8	4	7	2	9	1	6
4	6	7	8	9	1	5	2	3
2	9	4	5	6	3	1	7	8
5	8	6	7	1	9	2	3	4
1	7	3	2	8	4	6	9	5
6	2	5	9	3	8	7	4	1
7	3	9	1	4	5	8	6	2
8	4	1	6	2	7	3	5	9

Q: What kind of cake do snowmen like?
A: Any kind with lots of frosting.

Winster Directory

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Playing Fields/Tennis Court	Sharon Talbot - sharonetalbot@yahoo.co.uk 0754 6527214	650718
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Entertainments Group:	Rod Shiers - rodneyshiers@gmail.com	650523
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Village Choir:	Marion Bowler	650261
The Orchard Group:	Dave Robinson - daveandhes@gmail.com	650395
Yoga: Info & Booking:	June Hine - junehine@btinternet.com	650994
Bakewell & Eyam Transport:		641920
Winster Shop Window	Ali Carter - aliabsolute@hotmail.com 07836512149	
District Councillor:	colin.swindell@derbyshiredales.gov.uk 07816	986956
Parish Council:	Parish Council contact: clerk@winsterparishcouncil.gov.uk or via the 'contact us' page on the council website www.winsterparishcouncil.gov.uk	
Vicar:	Rev. Stephen Monk - rev.stephenmonk@btinternet.com	734257

Is everything up-to-date? Let us know about changes at mag@winster.org

Winster Business Directory - £20 a year

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- Alternatively drop a note to Gabi the editor at 39 Leacroft Road (opposite Winster Medical Centre)

News from
Winster Primary School
We welcome visitors!
Call Sharon Slack,
Headteacher on 650238

Bags of Hope Drop off to Jigsaw Food Bank: Church in the Peak.

On Tuesday 20th December the oldest members of the School councils from Winster and Monyash CE Primary Schools dropped off 32 bags of hope with complete Christmas dinners in them to the Jigsaw Food Bank ran by Church in the Peak. This food bank on Lime Tree Industrial Estate, Matlock was busy even as we visited and provides a vital support for families in Matlock and the surrounding areas. Over the last 7 weeks, we have been asking families to donate 1 item a week, such as custard, gravy, stuffing etc and this resulted in a complete Christmas dinner in a bag. We met a representative from the food bank who showed us how it is all organised and explained how many people benefit from this support. It was not a surprise to hear how much more in demand the food banks are this year, due to financial pressures, which was why our bags of hope were so greatly appreciated. We also asked how we might be able to help in the future, as this is very much needed, not just at Christmas. Our school councils are incredibly active working in the community and raising money for causes this term such as Children in Need, World Wildlife Fund and of course the Food Bank.