



Tuesday 31st October Halloween disco
At the burton institute Winster
Open to all near and far.
Time. 3.30pm to 5.30pm
Party food, disco, fancy dress
prize for best dressed Party games
Entry £2.00
With thanks to Winster village
shop bring your own creative
calved pumpkin to be judged
if you can help with food or for
more info call Kerry on
07760161785

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We are a taxi company operating from
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Winster Entertainment Group
presents:

THE BIG FAT WINSTER CHRISTMAS SHOW

Burton Institute
Friday 15th December at 7.30pm
Tickets £8 from 650894
or at the Shop
An evening entertainment of words
and music for Christmas

Cash Bar





Photo by Graham Munn

Acappella harmony, laughter and improvisation
from a choir of four

www.pocketchoralsociety.co.uk

THE BURTON INSTITUTE, WINSTER (DE4 2DQ)

Saturday 25 November, 7:30pm

£12.50 (Standard)

BOOK NOW: rodneyshiers@gmail.com or 01629 650523 or from Winster

Post Office and shop.

Doors open 7pm. Bar available.

liveandlocal.org.uk



**LIVE
& LOCAL**

BUT BEFORE THEN

Pocket Choral bring 'a capella' harmony, original music, improvised singing and a lot of laughs. There will be new arrangements of Lennon & McCartney, Lou Reed and Tom Waits numbers presented in an intimate, relaxed (and unamplified) way. Pocket Choral are four experienced singers who present a show of new and not so new music to entertain all ages. The vicar, the publican, the farmer and the village shop worker who form the group, bring a whole new vibe to the show as they combine their singing with tales of intrigue and life in their own village of Pocket. Beautifully crafted harmonies, stories and plenty of opportunity to sing along.

This is one evening you don't want to miss!

November

Oops! My first issue as editor wasn't perfect - if you spotted the mistakes, well done. If you didn't, then I'm saying nothing more.

Would you like to be able to use the magazine for family announcements? I know many people would love to hear of the new baby; why the church bells are ringing. Or on a sadder note, who we may have lost from our community. I hope you don't mind me calling them Hatch, Match and Dispatch.

Please do drop me your announcements through the mag@winster.org email and I will find an appropriate space for them.

Finally if there are any budding young journalists in the village who would like to see their name and work in print, I'm happy to receive articles for consideration. Your spelling, punctuation and grammar don't need to be perfect. None of us is perfect and we learn from our mistakes—don't we, Editor?

I look forward to hearing from you—don't be shy. It's your magazine

Contact Email Address

mag@winster.org

Copy date is 18th by 6pm each month for inclusion in the month following issue.

Copy date for Christmas issue is 11th December.

Happy Autumn

Helen
650920

NP/NMA/1023/1219

Planning Application

Non-material amendment to NP/DDD/0623/0597 - In relation to part 2 of the original consent (to erect a greenhouse) to replace the proposed greenhouse as submitted with a smaller...

The Old House Main Street Winstar

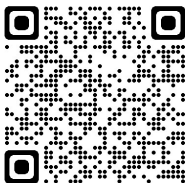
NP/DDD/0923/1128

Planning Application

Change of use of outbuilding to holiday let accommodation.

Sycamores Main Street Winstar

Winstar.org



WPC Environment Group



Peak Park Planning Portal—
Winstar PC



Winster Village Diary

| | |
|-------------------------|---|
| Friday, 27th October | Mobile Library, opposite the shop, 9.30-10am |
| Friday, 27th October | Monthly Village Quiz 7.30 pm Burton Institute |
| Tuesday, 31st October | Halloween Disco—details on front page |
| Saturday, 4th November | Annual Pond clearance—further details in this issue |
| Saturday, 18th November | Copy Date—please email items by 6pm |
| Friday, 24th November | Monthly Village Quiz 7.30 pm Burton Institute |
| Friday, 24th November | Mobile Library, opposite the shop, 9.30-10am |
| Saturday, 25th November | WEG—Pocket Choral—further details in this issue |
| Monday, 27th November | Winster History Group—further details in this issue |



Regular Events

Senior Club, Burton Institute, Fridays, 10am - 12noon

Yoga, Tuesdays 6.15-7.45pm Burton Institute, June Hine 650994 - - - - spaces available - - -

Morris Dancers Practice, Tuesdays 8pm Burton Institute, Mike Hatfield 650468

Shorter walks of 4-6 miles, first & third Tuesday of each month, easy pace. Meeting at the Old Bowling Green at 9.45am. Bring own drink & snack. Usually ending with a pub or café lunch. Contact: Anthea Rawlence: a.j.rawlence@btinternet.com or 01629 650480 or 07860140435

Longer walks of approx. 8 miles, second Tuesday of each month, meeting at the Old Bowling Green at 9.45am. Bring own drink, snack & packed lunch. Contact: Steve Edgar: steve.edgar1@btinternet.com or 07977148748 or Katharine Edgar: katharine.edgar@btinternet.com or 07875655243

Winster Community Hub/Warm Space - Wednesdays, 10am - 1pm, Jubilee Room, BI
SUSPENDED UNTIL AUTUMN

Café In The Church - closed for Autumn and Winter months

Parish Council Meeting - First Monday of the month, 7pm, Burton Institute

The Annual Pond Clearance – Saturday 4 November

Don't forget our fun, messy and for all ages morning session of pond clearance.

We have several pairs of waders for adults including a size 5. All are welcome to join us between 9.30am and 12 noon. Meet down at the pond. I have checked and there will be crumble plus hot drinks at Tite Cottage Garage afterwards. Hope to see you there!

More info Anthea 650480 or Dave 650395

Derbyshire Wildlife Trust – Local Meeting

Our speaker for the meeting on Monday 20 November has had to cancel. Instead Christine Gregory will talk about Hares of the Peak District at Darley Dale Methodist Church Hall, Dale Road North, DE4 2FT 7.30pm. £3.00 including light refreshments. Car share or lift possible. Call Anthea 650480

The advertisement features a dark grey background with several logos and text elements. In the top left is the 'zappi' logo. In the top right is the 'ROLEC EV' logo. In the center is the 'AB Electrical' logo, with 'AB' in large white letters and 'Electrical' in smaller grey letters below it. In the bottom left is the 'NICEIC APPROVED CONTRACTOR' logo. In the bottom right is the 'Office for Low Emission Vehicles' logo. At the bottom center, it says 'OLEV Approved Installer'. At the bottom left, it lists the phone number 'T: 01629 650170' and the mobile number 'M 07790019093'. At the bottom right, it lists the email address 'ab@abelectricaltd.com'.

Musings— by Christina Bradstreet

Is Winster a blue zone? How to live to 100

Recently, I binge-watched the Netflix series **Live to 100: Secrets of the Blue Zones**. Sounds rude, but I promise it's not. It's a beautifully shot National Geographic documentary, looking at the habits, diets and lifestyles of five communities in the world, where people live extraordinarily healthy and vibrant lifestyles. The name 'Blue Zones' is inspired by the work of researchers who, using a blue dot, mapped villages in Sardinia with the highest life expectancy, Presenter Dan Buettner uses his own research of the past 20 years into communities of Okinawa, Japan; Ikaria, Greece; Sardinia, Italy; Nicoya, Costa Rica; and Loma Linda, California. What do these communities all have in common and why do they boast significantly greater numbers of healthy centenarians, with low rates of dementia, heart disease, cancer and other illnesses?

He noted that one shared factor is living on a steep hill, and the natural exercise that comes with it. Buying a house at the top of East Bank was clearly a smart move. Now, I don't know the stats for Winster, but have heard of several octogenarians (or of their passing), since moving here last May. Could it be that people live longer in Winster than the UK average? It does seem we have all the ingredients for healthy longevity right here on our doorstep.

9 secrets of Blue Zones

1. Move Naturally

People in blue zones don't go to exercise classes or pump iron at the gym. Yet they are constantly moving, as they potter around their homes. Most garden. In Linda Loma, California, the Seventh Day Adventists play group sports with friends for fun. And they don't use labour-saving devices.

Well, we are a village of Secret Gardens! And there are various opportunities to exercise while socialising – whether that's becoming a Morris dancer or playing pickleball or table tennis.

During my maternity leave, I whiled away an hour watching the Senior table tennis team and can say that they certainly burnt a few calories while having fun. Meanwhile, I should ignore my neighbour's tempting talk of a robot vacuum cleaner and instead listen to Richard, who dreams of buying me an antique mangle for Christmas.....! And I should get sheep. In Sardinia, most of the Octogenarians are shepherds.

2. Have a sense of purpose

The Okinawans call it "ikigai" and the Nicoyans call it "plan de vida" – for both it translates to "why I wake up in the morning." According to Dan Buettner knowing your sense of purpose is worth up to seven years of extra life expectancy.

Well, there are plenty of people with purpose in Winster, whether it's raising healthy, happy families, promoting the biodiversity of the grassland on the common, raising money for the PTSA, or organising Wakes Week. Recently, Richard has become a Church clock-winder and calls it his 'civic duty.'

3. Downshift

The world's longest living people all have routines to shed stress. Okinawans take a few minutes each day to remember their ancestors, Seventh Day Adventists pray, Ikarians take a nap and Sardinians do 'happy hour' – when friends and family gather to chat over a glass of red wine.

It seems to me that there are lots of opportunities to relax in Winster, whether it's joining the yoga group, enjoying a glass of wine outside the Bowling Green or just chatting to neighbours

at Café in the Church or the Warm Space, or heading off to beautiful Monterubbiano on a twinning visit.

4. 80% rule

The Okinawans have said a 2500-year-old mantra “hara hachi bu” which they say before meals. It is a reminder to stop eating when they are 80% full. The 20% gap between not being hungry and feeling full could be the difference between losing and gaining weight. People in the blue zones eat their smallest meal in the late afternoon or early evening and then don't eat any more for the rest of the day.

5. Eat plants

In the Blue zones, people eat mostly plant-based diets and only eat meat an average of 5 times a month. Most blue-zoners eat a cup of beans every day, and squash is a cornerstone of their diets.

Good news then that Winster Village shop has started selling Peak Feast vegetarian meals, and I have even spotted a basket of squash in recent times. And it's not too late to pick some apples from the village orchard. This year, I've done well ,growing veg bought at the plant sale (outside Tite cottage) which raises money for the Orchard – grown in raised beds to avoid the lead we suspect in our soil!

6. Wine

People in all blue zones (except Adventists) drink alcohol moderately and regularly. Apparently, one glass of red wine a day could add years to your life, but only if you stop after one, and you drink it with friends and with food.

Again, the village shop, Bowling Green and Miner's Standard are all happy to oblige!

7. Belong

All but 5 of the 263 centenarians interviewed for the Blue Zones project belonged to a faith-based community. Denomination doesn't matter. Research suggests that belonging to a church will add 4-14 years to your life. Well, I've certainly found myself in church more times this past year and a half than ever before in my life – even if it is mostly the cake, concerts and art exhibitions that lure me there. There are of course many other ways to belong in Winster, from joining one of the choirs, conserving the pond or volunteering in the shop.

8. Loved ones first

Blue zone centenarians put their families first. They keep their parents and grandparents nearby or in the home, invest their children with time and love and commit to a life partner (which can add 3 years of life expectancy).

9. Right Tribe

The world's longest living people choose their friends wisely. Having friends who follow the healthy habits listed above, means that you are more likely to as well. Okinawans create 'moais', groups of 5 friends that commit to each other for life. Dan Buettner has successfully created new blue zones in several US cities – and one thing he did was to establish moais – friends who would meet up and walk together.

Time to join one of Winster's two walking groups.

Final word

If you have Netflix, I recommend Blue Zones. I found it an inspiring watch. At any rate, I seem to be eating more tinned beans lately and have swapped my pint for a glass of red wine!



DCC MOBILE LIBRARY BUS in Winster
Monthly—Friday Winster—near Village Shop

| 24 November | 22 December | 19 January 2024 |
|-------------------------|-------------------------|-------------------------|
| 9:30 a.m. to 10:00 a.m. | 9:30 a.m. to 10:00 a.m. | 9:30 a.m. to 10:00 a.m. |

Please support this useful facility in order to keep it running. For further information call 01629 533444, or email ask.library@derbyshire.gov.uk

Auction of Promises - Wanted !

If anyone has a specific request, or wish list of an activity or lesson, maybe you've always wanted to try something ? Please come forwards and we will advertise for 'Promises wanted' to see if we can attract an offer into the Auction -

winsterptfa@gmail.com

We have received a request for an advice session re maximising production and management of raised vegetable beds, the requestor is in Winster. If you'd be willing to Promise an hour or more of your time please get in touch or complete a Promise Offer form in the shop.



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Commercial Ltd



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ELTON, WINSTER & SURROUNDING AREAS

Auction of Promises

THURS NOVEMBER 30TH



*Fundraising for
Winster Village Shop
& School.*

**At the Old Bowling Green Winster
Bar opens 6pm. Auction from 8pm**

Thank you to the generous Winster residents and local businesses who have made a Promise offer ahead of the Auction of Promises on Thursday 30th November taking place in the Bowling Green. If you haven't already submitted your Promise, you can pick up a form in the shop or you can email to request an ecopy - **winsterpta@gmail.com**.

All donations, experiences and offers are gratefully received. The bar will be open from 6pm as usual, come early, grab a good seat and get a drink in before the auction starts at 8pm. It promises to be a fun, extremely lively evening. Our grand Auctioneer Jason has agreed to be Woke, PC and subdued, so absolutely bring Granny along.*

This is a joint fundraiser and all proceeds will be split between two village institutions. The shop needs to raise funds to refit the counter and till area at the heart of the shop. The quotes are, well.... eye watering and we are hoping to add a significant boost

to the project fund from the evening's event. Winster school's PTFA are fundraising for a number of ongoing projects to uplift the school facilities and improve Winster pupils educational experience. 100% of PTFA funds directly benefit the children.

What have we got in the catalogue so far?

- ☆ Weekend break, choice of 2 x Winster holiday homes
- ☆ 2 choices of x Sailing experiences
- ☆ A Ukulele performance by the one and only Ukuladies plus One
- ☆ Hand Car washing
- ☆ Drumming or percussion lesson
- ☆ Large tray of chocolates, courtesy of Holdsworth's chocolates
- ☆ An EPC survey, generously donated by Peak EPC
- ☆ Bespoke celebration cakes by two talented Winster bakers
- ☆ Multiple hampers and gift boxes
- ☆ Hours German lesson or conversation practice
- ☆ A hand reading experience for up to 10 people
- ☆ Chauffeured Campervan trip and luxury afternoon tea at a local beauty spot
- ☆ Introductory woodturning session with a member of the Association of GB Woodturners
- ☆ Great British Car Experience family ticket
- ☆ School uniform name stamp kit, kindly provided by Stamptastic
- ☆ Doncaster Rovers VIP Hospitality & Match tickets, thanks to Doncaster Rovers.
- ☆ Keg of German beer
- ☆ Pimm's
- ☆ Framed Winster Wakes Poster (by artist Rosalind Forster)

The catalogue will be displayed in the Bowling Green Pub two weeks prior to the auction. Published on the Winster Community, Winster PTFA, and Winster Village Shop Facebook pages, and issued via the Shop community email. It will be displayed on the village noticeboard and in the shop window. If we receive exciting Lots after that date, we will keep you updated via social media. (Please like and follow the above Facebook pages.)

On arrival at the auction, you will be required to register. You will be given a 'Paddle' and a catalogue to peruse. We may have some last minute additions on the night, who knows what will turn up?! This is Winster after all. All payments to be made at the event please, cash and card payments will be accepted.

*Warning - For those of a sensitive disposition, the Auctioneer may deviate from this plan

**Winster
Morris
Dancers**
present a



Ceilidh

**The BandAnglo Quartet
with Winster Morris Dancers'
Musicians**

Youlgrave Village Hall

Friday 17th November

7.30 pm

Licensed Bar and Buffet supper

Ticket £12

From Youlgrave Post Office or Winster Post
Office

or Mike Hatfield on 650468

Entertainment

At its best

WINSTER VILLAGE QUIZ

FRIDAY 27 OCTOBER
7.30PM IN THE BURTON INSTITUTE,
QUESTIONS SET AND ASKED BY
DON INGHAM



Proceeds to the Winster & Elton Luncheon Club
Admission £4 Raffle £1

- A friendly social evening
- Bring your own drinks and snacks
- Everyone welcome
- If possible donate a raffle prize

Please make a note of the Quiz dates for
***FRIDAY 24 NOVEMBER**

7.30PM IN THE BURTON INSTITUTE,
QUESTIONS SET AND ASKED BY

JOHN AND GILL GEDDES

Proceeds of this quiz will
go to Winster Village
Christmas tree funds.
The tree will be lit on
Sunday 3 December at 17.45



Wreath making for Christmas

Elton Village Hall is holding two Christmas Wreath & Table
Decoration workshops on **Saturday 25th November 10am** &
Wednesday 6th December 7pm.

Materials are provided, but bring anything you would like to
include

Mulled wine, & mince pie included. £27.50.

Deposit of £10 to be made at time of booking to secure your
place. You don't need to be artistic, come along for a fun time,
who knows what talent you will find you have.

To book contact Jan Hall on Tel : 07908106824
Or email: davejanh@yahoo.co.uk

Profit from the event will be used in support of Elton Village
Hall



Winsters Village Shop

www.winstersvillageshop.com - Tel: 01629 650683

Your Village. Your Community. Your Shop.

We would like to say a **Big Thank you** for all your support on our Tasting Event which was a great success and lots of fun was had. Look out for the next one. Coming soon.

The Halloween best fancy dress and pumpkin competition will be hosted once again at the Burton Institute during the Halloween Disco on Tuesday 31st October @ 3.30 – 5.30. All pumpkins will be lit up ready to be judged.

Bring your pumpkin to the Halloween Disco. **Can you please make sure you put your name and age on the back.** All the pumpkins will be lit-up for all to see. Come along and join in the fun.

The fancy dress and pumpkin competitions will be judged in categories of:-

- 5 Years and under
- 6 Years to 10 years
- 11 year to 16 years
- 16s and over – so even the big kids can take part

Currently selling Halloween goodies: - Buckets, Cakes, Sweets for trick or treating and lots more.

From Jayne, Katrina and all the Staff and Volunteers

Normal Shop Opening Times:

Mon – Sat 8.00am – 6.00pm

Sun & B/H 9.00am – 4.00pm

- ☆ Fresh Bread & Milk
- ☆ Beers, Wine & Spirits
- ☆ Cooked Meats & Pies
- ☆ Newspapers reserved or delivered
- ☆ Cakes
- ☆ Hot & Cold Drinks

Winster Parish Council

Environment Working Group Updates

Tree Planting Plan

At the October meeting, the parish council discussed the draft proposed planting plan developed for The Griffin.

This document was produced following consultation of a previous document identifying tree planting opportunities on land under the control of the parish council. Both documents are available on the PC website at <https://winsterparishcouncil.gov.uk/document-category/environment>—scan **QR code on next page for easy access** to the site

The key points of the document are summarised below:

- ☆ The proposed planting area is The Griffin
- ☆ The project will also include some management of the existing trees and restoration of the swings
- ☆ Additional seating will be added to the area around the swings
- ☆ Trees will be planted away from the road and footpaths and will maintain views from the seating area

The parish council wish to hold a period of consultation with residents to get their views on the draft plan. The environment working group are holding a drop in session at the **Bowling Green** at **6pm on Thursday 23rd November**. This is an opportunity for people to discuss the planting plan and share their opinions. Alternatively you can email the clerk at **clerk@winsterparishcouncil.gov.uk**. We want to ensure that there is general support for the project and we will consider all comments and opinions before finalising any plans. Planting trees is a serious responsibility and we will take the necessary time to ensure that we deliver the project properly.



Tree planting area highlighted in blue. Picnic area highlighted in yellow

Winster Parish Council

Leacroft Verge

On Saturday 30th September, ably assisted by a handful of volunteers, the parish council made great strides forward with the grassland enhancement project for the large verge at the front of Leacroft Road. The verge was mown and scarified to create bare patches and the arisings collected and removed. It was then sown with a mix of suitable wildflower seeds including yellow rattle.

Next year, the district council will mow the edges of the verge throughout the season and then cut and collect the whole verge in late summer. Fingers crossed for a colourful display next year. It will take time to establish but we are confident of good results in time. Thank you to all those who gave up their time to assist.



Kartoffelsuppe! As served at Oktoberfest Winster

Recipe from Food and Journeys.

Heat 4 tbsp of olive oil in a large stock pan, add 2 x small diced onion and 4 gloves of crushed garlic
Gently sweat until soft

Add 2 carrots and 2 stalks of celery - both finely diced. Cook for a few minutes
Add 1 kg of potatoes, peeled and finely sliced.

Add 2 bay leaves, 2 vegetable stock pots (not cubes) and 1.5 litres of water
Bring to the boil, cover with a lid then simmer until the vegetables are soft, test at 10 minutes

Turn off the heat and ladle out 1/3 of the vegetables - set aside
Add 150ml of double cream, 30g of butter, gently stir until butter has melted
Use a stick blender to blend the soup until completely smooth
Season well with salt, pepper, 1/4 tsp cumin 1/4 tsp of nutmeg
Add the zest (only) of 2 lemons.

Finely chop half a bunch of spring onions, save a teaspoon aside, add to soup
Add the reserved diced vegetables saved from earlier and gently simmer the soup for a few minutes

Serve garnished with the reserved chopped spring onions.
Makes 12 servings as a starter Approx 8 as a main supper
Keeps for 3 days in the fridge, **do not freeze.**

Winster Local History Group

Next Meeting

Monday 27th November at 7.30 pm in the Burton Institute

Winster and the Great War

Allan Stone

A local perspective on the unreturning army. Includes short songs, poems, recollections and diary entries. Everyone welcome.



After this talk there will be a break in meetings until 26 February—but to close for the year—a **note on our September talk**

I don't usually write reviews of talks we have at History Group meetings, but I think our last speaker deserves special thanks. On 25 September we had a talk on 'Living with Sheep' by 'a Winster farming family'. I advertised it that way because at the time I wasn't sure who would be giving the talk, but the task eventually fell to Gill Cooper, assisted on the night by other members of her family.

Gill doesn't do public speaking, so was rather nervous, especially when she saw the huge number of people queuing down the stairs of the Burton Institute to get into the meeting. We've never had so many people present – about 70 we think it was, of whom 60 signed up on the night for annual membership of the History Group.

But Gill needn't have worried. She captivated the audience with a mixture of anecdotes, fascinating facts about sheep farming, personal experiences (with some photos) about managing the shearing and a young family at the same time, and thoughts about the pleasures and privileges a sheep farmer may feel despite the relentless grind of long hours of work. We also delved into the history of the Coopers, a family with fourteen children who got in sixty loaves to tide them over Christmas!

Gill sent me a text: 'Hi Geoff, were you pleased with last nights (history group)? I hope it was what you expected?' Yes, Gill, more than I expected. As so many people have told me, it was marvellous. Thank you.

Geoff Lester

Letter from Reverend Stephen Monk

November Letter

'Blessed are you pure of heart, poor, broken, sad, bereaved or wrongly accused. You who are meek, persecuted, and hungry are of worth and value. Blessed are you all indeed. You are blessed for showing mercy and for wanting peace and righteousness.'

These words are heard often in the month of November; sometimes at Services of Remembrance on or near the 11th November to remember all who made the ultimate sacrifice in wars or conflicts or peace keeping. It's also used in funeral services and memorial services. Since I was ordained 23 years ago (*you're right, I don't look old enough!!*) I've always had an annual service to remember those whose funerals we've taken in the last few years. Having said this, everyone is welcome to come and remember their loved ones. (details on our website).

Another element of this service is to raise money through a collection for either Marie Curie or Macmillan Charities.

Some find the use of the word Celebration in regards to funerals very difficult to understand. To explain it in a few words we, Celebrate a persons life, love, action and simply who they are. Sadly in this past year we've gone this for the greatest age span: from Babies to people over 100 years old. Everyone person no matter what age is a precious child of God. We know from the Bible that Jesus wept for the loss of his friends, people he cared for, his Step – Dad etc. God weeps for our loss. We all go through a spectrum of feels when we lose a loved one. Everything from Deep anger at God to feeling numb and lost. When you come to one of our churches or one of the chapels at the Crems you are not forgotten. Nor is your loved one. Our congregation hold you in our prayers.

I purposely never give advice at funerals due to the fact that everyone's grief and loss is theirs, it's unique and precious to you. But, I would say never keep your grief locked inside. Don't repress or suppress your pain, for it will certainly eat you up like cancer.

In our world today people may think with some justification that the world has gone to pot. Such violence, war, and abuse; such damage to our world and the creatures we share it with. But this speaks of human greed and sin not an absence of God. So often we can see our fallen state – from us as individuals to a sense of national sinfulness. If we reflect on how we treat the needy, the sick and dying, the elderly, 'the widow and orphan', as the Bible puts it. Recently, I was with my son in Matlock and it was a bad day (by this I mean my arthritis was really bad and my mobility was wobbly!) Well, my son asked my for a £1 to give the man sitting outside the Co op or to the woman outside Iceland. I was so self obsessed that I'd missed both these people. Have you ever been so self centred that you miss the needs of people around you. If by now you are reaching for the anti depressants, please pause – The world is in a mess in so many ways as are we and all nations BUT; That's why Jesus came all those years away to enter our stories, your story – and to say 'we can do better' if we turn to Christ, ask for forgiveness for our sins (And yes, sorry but we all have plenty of them!) Then try to forgive other people who have hurt us. Salvation will be ours – forget what you've heard or read or been told – What is needed to be saved (this is a question people have asked me for decades as they reach the end of their lives)

1st Be sorry, truly sorry for ones sins. Whatever they are, Jesus promises us forgiveness from His Cross.

2nd Accept Christ as your Lord and Saviour – He loves you.

3rd Start to have a couple of chats with God each day, be honest with Him. (we call this praying)

There are many reason why people don't go to church; from laziness (This was me for years) to being hurt by a church community or by feeling unloved. This November why not try coming to church again. Not simply to make up numbers – but to teach us from your story. And, to realise a church is a group of sinners who are trying to live a better life in the love of God. But most of all come to the church, which should be a place of respectful inclusion, and feel the deep love of God for you and all your loved ones living and dead.

Finally, my philosophy has always been everyone is welcome and everyone has something to offer the Community and everyone is deeply precious in the Sight of God.

Remembering you and your loved ones this November.

Stephen Monk (Revd)

Dignity Bags

It's a fact that financially, like many charities, our Church's are not as safe or stable as we'd like. I say this not because I want to see lots of money in our accounts but so that we can serve our communities and preach the Gospel of Christ. Often people think we 'get' lots of money from the church of England the fact is we don't. Each parish has to pay money into the Diocese for the services they provide. AND YET, lets be honest in our society there are more and more people falling through the cracks, more needing our foodbanks, drop ins, and our young people need breakfast clubs so they can be in a position to learn. All these things we support but in Advent.

From the 3rd of December I'd invite you to take a bag from the back of our churches to prepare for a Charity in Chesterfield which serves and supports homeless men and women. The list of the requirements will be advertised in the coming weeks. But we call them dignity bags for a reason – in the eyes of Jesus everyone has a precious dignity. If anyone would like to sponsor the bags please drop me an email or speak to your treasurer or churchwardens.

A Couple of prayers to use in November

Bless those who mourn, eternal God, with the comfort of your love that they may face each new day with hope and the certainty that nothing can destroy the good that has been given. May their memories become joyful, their days enriched with friendship, and their lives encircled by your love. (pause) Amen.

(A Jewish Mourning Prayer)

Those who are worn out and crushed by this mourning, let your hearts consider this: this is the path that has existed from the time of creation and will exist forever.

Many have drunk from it and many will yet drink.

As was the first meal, so shall be the last.

May the master of comfort comfort you.

Blessed are those who comforts the mourners.

Finally, a prayer for those who feel overwhelmed at this time.

O Lord, we call upon You in our time of sorrow, that You give us the strength and will to bear our heavy burdens, until we can again feel the warmth and love of Your divine compassion. Be mindful of us and have mercy on us while we struggle to comprehend life's hardships. Keep us ever in Your watch, till we can walk again with light hearts and renewed spirits. - Author Unknown

News from St. John's

Services in November at St John's Winstler, St Mary's S. Darley and St. Helens Darley Dale

| | | | |
|---------------|------------|----------|-----------------------------|
| 5th November | St Mary's | 10 am | Holy Communion |
| | St Helen's | 11 am | Holy Communion |
| | | 3 pm | Bereavement Service |
| 12th November | St Helen's | 8 am | Holy Communion |
| | | 10.45 am | Remembrance Service |
| | St John's | 10.45 am | Remembrance Service |
| | St Mary's | 10:45 am | Remembrance Service |
| 19th November | St Mary's | 10 am | United Benefice Toy Service |
| 26th November | St Mary's | 10 am | Morning Prayer |
| | St Helen's | 10.30 am | Café Opens |
| | | 11 am | New Beginnings Service |
| | St John's | 3.30 pm | Refreshments |
| | | 4 pm | Service |

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Festival of Christmas Trees at St John's Church

We are going to hold a Christmas Tree Festival again this year at St John's – it is four years since we last had one!

It is open to local groups/organisations to decorate a tree in a way relevant to what they do. You are welcome to provide leaflets to promote your organisation.

We have decided to go for artificial trees this year, 4' high in their own stands. This saves money and cleaning and they can be used another year. Setting up will be on Sat 9th Dec (10am – 4pm), contact Marion Bowler if you require a different time.

There will be a short informal carol service with refreshments to mark the Festival on Sun 10th Dec at 4:00pm.

The main Carol Service will take place on Sunday 17th Dec at 6pm. The Festival will end on Friday 22nd so you may collect your decorations during the weekend before Christmas if you wish. However, they can also be left in the church over Christmas and New Year.

Donations in the church collection boxes during the festival will be split between a local charity and St John's Church.

If you would like to participate, please contact Marion asap, by Nov 10th at the latest.

We are asking for a contribution of £8 towards the cost of the trees.

Thanks, Marion

(marion.winster@gmail.com, phone 01629 650261)

Bible Study at St John's

7:30 Tues evenings, starting on 7th Nov. All welcome.



Electric Vehicle (EV) Charging in Winstar

The Parish Council are keen to see at least one public EV charging facility in Winstar – primarily to serve residents who can't charge at home, but also to be available to visitors. There would be a separate decision to make as to whether we would choose to list any facility on national databases of charging points: this may improve the eligibility for grants, but could see people coming to the village solely to charge up.

The quickest and cheapest charging location would probably be the car park of the Burton Institute, which has a suitable power supply and is currently only used when we have major events on, or when we know there will be someone with reduced mobility visiting the building.

The Burton Institute Management Committee (BIMC) are happy for us to explore this option, but would need to see details of a specific scheme before making any agreement. There are other possibilities too, with different costs (and perhaps different eligibility for grant funding).

To move things forward, we need to set up a group of people who are willing to share the detailed research and planning effort so that Parish Council (and, if appropriate, the BIMC) can decide on which option(s), or none, should be taken forward.

Please get in touch with me (john@winstar.org or 650364) if you would be willing to join such a group.

Defibrillator and Emergency Telephone Tree

Winstar has an emergency Defibrillator, which is in a locked yellow cabinet on the wall of the shop at the top of Woodhouse Lane. For What3Words location use

///backtrack.averts.applauded

The 999 service will give you the lock code if they think you need to use the machine.

But how can you get the defibrillator if you need to deliver CPR to your partner? This is where the Winstar Emergency Telephone Tree comes into action. Call (01629) **698699** and your call will ring the phones of ten volunteers across Winstar. The first to get to the phone will answer your call - and you can ask them to get the Defibrillator to you (and perhaps send another helper to share with CPR).

Winster Directory

| | | |
|--|--|--------|
| Village Magazine: Editor: | Helen Witty - mag@winster.org | 650920 |
| Advertising: | Bev Atkins - ads@winster.org | 650086 |
| Emergency Telephone Tree: | Call 15 Volunteers Simultaneously in Case of an Emergency 01629 698699 | |
| Village Shop: Managers: | Jayne Hufton & Katrina Prosser | 650683 |
| Opening Hours: | sales@winstervillageshop.com Mon - Sat 8am-6pm and Sun & B/H 9am-4pm | |
| Post Office: Sub-Postmistress: | Carolyn Ludlam - postoffice@winster.org | 650668 |
| Opening Hours: | Mon, Wed, Fri 9am-5pm, Sat 9am-12.30pm | |
| Doctors Surgery: | Mon, Wed 8.30am-12pm, 2pm-6pm. | 650207 |
| Opening Hours: | Tues, Thurs 8.30am-12.30pm. Fri 8.30am-1pm. | |
| Burton Institute: Chair: | Bernard Bowler - bbwinster@gmail.com | 650261 |
| Booking, Treasurer: | John Geddes - john@winster.org (also photocopier) | 650364 |
| Primary School: Clerk: | Janine Pates - info@winster.derbyshire.sch.uk | 650238 |
| Carnival: Secretary | Mike Hatfield - hatfieldmike65@yahoo.com | 650468 |
| Secret Gardens & X-mas Tree | Gill Geddes - gill@winster.org | 650364 |
| History Group: | Geoff Lester - geoff.orchardmine@gmail.com | 650090 |
| Luncheon Club: | Rosie Strauss - rosiejay.strauss@btinternet.com | 650564 |
| Playing Fields/Tennis Court | Sharon Talbot - sharonetalbot@yahoo.co.uk 0754 6527214 | 650718 |
| Darby & Joan: | Sandra Purslow | 650222 |
| Morris Dancers: Secretary: | Richard Powley— richard.powley@makepaper.net | 636994 |
| Chair: | Mike Hatfield - hatfieldmike65@yahoo.com | 650468 |
| Entertainments Group: | Rod Shiers - rodneysniers@gmail.com | 650523 |
| Senior Club: | Dave Crutchley - d.crutchley905@btinternet.com | 650024 |
| Open Thursday Club: | Christine - relax@peakserenity.co.uk 07837725337, 650712 | |
| Village Choir: | Marion Bowler | 650261 |
| The Orchard Group: | Dave Robinson - daveandhes@gmail.com | 650395 |
| Yoga: Info & Booking: | June Hine - junehine@btinternet.com | 650994 |
| Bakewell & Eyam Transport: | | 641920 |
| Winster Shop Window | Ali Carter - aliabsolute@hotmail.com 07836512149 | |
| District Councillor: | matthew.buckler@derbyshiredales.gov.uk | |
| Parish Council: | Parish Council contact: clerk@winsterparishcouncil.gov.uk or via the 'contact us' page on the council website www.winsterparishcouncil.gov.uk | |
| Vicar: | Rev. Stephen Monk - rev.stephenmonk@btinternet.com | 734257 |

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| The Miner's Standard Real Ale Home-Cooked Meals. Top of the Bank, Winster | 01629 650279 |
| Peak Cottage Plants www.PeakCottagePlants.co.uk Hardy perennial plants, design & planting service | 650428 |
| Katie's Gardens Friendly, professional, reliable Winster-based gardening service. katie@katiegardens.co.uk | 07894236858 |
| Amy's Dairy All fresh dairy products delivered to your door | 636639 07799 880740 |
| Winster's body and bath boutique Independent Body shop at home consultant Rachel Shelton. Also on Facebook. https://consultant.thebodyshop.com/en-gb/myshop/Rachelshelton | 07731 932814 |
| Mary Rush Reflexology Mobile treatments also available. maryrush.reflexology@yahoo.com | 07813 158636 |
| Steve Salfield steve@stevesalfield.com Jazzsax—Jazz, Blues and Rock'n'Roll bands | 650183 |

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| Matlock Glass Co Ltd - Replacement windows & doors, double glazing. Safety glass | 582043 |
| JPB Services Decorating, Mowing and Strimming | 650593 |
| Leacroft Garage and Car Sales All mechanical and body repairs to any make, MOT | 650253 |
| PEAK EPC – Energy Performance Certificates David Brown, Leacroft Road, Winster. | 650932 |
| R Stone Joinery - rstonejoinery@gmail.com 3 Ivy Lane Elton. All types of Joinery Work undertaken | 07971 815683 |
| Fired Up Heating Services Full range of Gas Safe Registered heating and plumbing David Gilling firedupheating@gmail.com | 650336 |
| Gary Beech Chimney Sweep - NACS and HETAS approved www.chimneysweepmatlock.co.uk garybeech0@gmail.com | 07899 034 738 01629 825340 |
| DC PC Services - Local Computer Repairs, Supplies & Servicing for PC, Apple & All Tech contact@dpcservices.co.uk | 07930 009285 |

Opening Hours



| | |
|------------------|--------------------|
| Monday | 9am-5pm |
| Tuesday | closed |
| Wednesday | 9am-5pm |
| Thursday | closed |
| Friday | 9am-5pm |
| Saturday | 9am-12.30pm |

For questions, please email postoffice@winster.org

OKTOBERFEST CAME TO WINSTER!



Thank you to everyone who helped make the Oktoberfest a success, raising over £960 for Winster Twinning Association. The evening saw 65 revellers enjoy a German themed 3 course meal served by expert young waiting staff followed by an entertainment programme which could reasonably be described as eclectic.

A few months' break now for our army of volunteers before we ramp up again for our Burns Night meal at the end of January - see you there!



The expert waiting staff at **Oktoberfest 2023**, — AND Marlene Dietrich' put in an appearance, with Andy Clapham being one of the lucky recipients of 'her' attentions.



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November 23rd 2023 @10.00-12:00

December 7th 2023 @10.00-12:00

More dates after Christmas!